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# KNIT 1 DESIGNS

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## Materials:

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- Yarn: 1 skein "Magnum" by Cascade 123yd/250gr  
Color: Honey Ginger
- Circular Needle: US 19/15mm 24"/60cm
- 1 Ring marker
- Darning needle for finishing.

## Gauge:

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8 sts & 11 rows = 4"/10cm  
in Openwork Rib (Pg 2)

## Glossary:

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- K: knit
- P: purl
- K2tog: knit 2sts together.
- PSSO: pass slipped stitch over.
- Sl 1: Slip stitch as if to purl from left needle to right needle.
- Sts: stitches
- YO: bring the yarn over the needle from front to back.



the Good Trouble cowl

The "Good Trouble" Cowl is named after a statement made by the late great Congressman, Representative John Lewis: "Do not get lost in a sea of despair. Be hopeful, be optimistic. Our struggle is not the struggle of a day, a week, a month or a year, it is the struggle of a lifetime. Never, ever be afraid to make some noise and get in good trouble, necessary trouble."

This cowl, while pretty simple, has a couple of curves it'll throw you in Round 3. Things to keep in mind: Rnd 3: always work a yo on each side of the purl stitch, but if in Rnd 4 you notice you forgot don't fret! With your right hand needle, go under the horizontal bar between the 2 sts where the yo should be and pull up a loop. If you also notice in Rnd 4 that between the purl stitches you have 4 knit sts instead of 3 knit sts, chances are you *did not* PSSO in Round 3 (I did this many times myself!). If that is the case, simply work a pssso by putting the 2 sts back onto your right hand needle, work the pssso, then put the single stitch back onto the left hand needle and continue in pattern.

Finished Measurements: 15" width x 12" height / 38cm x 30.5cm

Gauge: 8 sts x 11 rows = 4"/10cm

Please note the Openwork Rib stitch pattern is written for working in the round.

### Openwork Rib

Multiple of 4.

Round 1 & 2: \*K3, p1\*.

Round 3: \*Yo, sl 1, k2tog, pssso, yo, p1\*.

Round 4: \*K3, p1\*.



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And if you are knitting for resale, please credit Karen Clements as designer.

## Begin

Cast on 60 sts.

Join and place marker (this marks the beginning/end of the round), being careful not to twist.

Repeat Rounds 1-4 of the Openwork Rib stitch pattern a total of 8 times.

Work Round 1 & 2 once more.

Bind off loosely, weave in ends and enjoy!

