

---

# KNIT 1 DESIGNS

---

## Materials:

---

- Yarn: 1 skein "Magnum" by Cascade 123yd/250gr  
Color: Honey Ginger
- Circular Needle: US 19/15mm 24"/60cm
- 1 Ring marker
- Darning needle for finishing.

## Gauge:

---

8 sts & 11 rows = 4"/10cm  
in Openwork Rib (Pg 2)

## Glossary:

---

- K: knit
- P: purl
- K2tog: knit 2sts together.
- PSSO: pass slipped stitch over.
- Sl 1: Slip stitch as if to purl from left needle to right needle.
- Sts: stitches
- YO: bring the yarn over the needle from front to back.



the Good Trouble cowl

knit 1 designs has made every effort to be accurate and complete with our patterns. They are provided strictly "as is". We are not responsible for differences between knitters, knitting mistakes, or any typographical errors. Patterns by knit 1 designs may not be photocopied or distributed in any hardcopy or electronic form without the express written consent of knit 1 designs: [info@knit1designs.com](mailto:info@knit1designs.com)  
And if you are knitting for resale, please credit Karen Clements as designer.

The "Good Trouble" Cowl is named after a statement made by the late great Congressman, Representative John Lewis: "Do not get lost in a sea of despair. Be hopeful, be optimistic. Our struggle is not the struggle of a day, a week, a month or a year, it is the struggle of a lifetime. Never, ever be afraid to make some noise and get in good trouble, necessary trouble."

This cowl, while pretty simple, has a couple of curves it'll throw you in Round 3. Things to keep in mind: Rnd 3: always work a yo on each side of the purl stitch, but if in Rnd 4 you notice you forgot don't fret! With your right hand needle, go under the horizontal bar between the 2 sts where the yo should be and pull up a loop. If you also notice in Rnd 4 that between the purl stitches you have 4 knit sts instead of 3 knit sts, chances are you *did not* PSSO in Round 3 (I did this many times myself!). If that is the case, simply work a pssso by putting the 2 sts back onto your right hand needle, work the pssso, then put the single stitch back onto the left hand needle and continue in pattern.

Finished Measurements: 15" width x 12" height / 38cm x 30.5cm

Gauge: 8 sts x 11 rows = 4"/10cm

Please note the Openwork Rib stitch pattern is written for working in the round.

### Openwork Rib

Multiple of 4.

Round 1 & 2: \*K3, p1\*.

Round 3: \*Yo, sl 1, k2tog, pssso, yo, p1\*.

Round 4: \*K3, p1\*.



knit 1 designs has made every effort to be accurate and complete with our patterns. They are provided strictly "as is". We are not responsible for differences between knitters, knitting mistakes, or any typographical errors. Patterns by knit 1 designs may not be photocopied or distributed in any hardcopy or electronic form without the express written consent of knit 1 designs: [info@knit1designs.com](mailto:info@knit1designs.com)  
And if you are knitting for resale, please credit Karen Clements as designer.

## Begin

Cast on 60 sts.

Join and place marker (this marks the beginning/end of the round), being careful not to twist.

Repeat Rounds 1-4 of the Openwork Rib stitch pattern a total of 8 times.

Work Round 1 & 2 once more.

Bind off loosely, weave in ends and enjoy!



knit 1 designs has made every effort to be accurate and complete with our patterns. They are provided strictly "as is". We are not responsible for differences between knitters, knitting mistakes, or any typographical errors. Patterns by knit 1 designs may not be photocopied or distributed in any hardcopy or electronic form without the express written consent of knit 1 designs: [info@knit1designs.com](mailto:info@knit1designs.com)  
And if you are knitting for resale, please credit Karen Clements as designer.